SOUTH LAKE HOSPITAL
In partnership with
ORLANDO HEALTH

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**FOR IMMEDIATE RELEASE**
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**A NAMI Family to Family Education Program will be held at**
**South Lake Hospital's in October**

***Clermont, Fla. –*** A National Alliance on Mental Illness (NAMI) Family to Family Education program will be held at South Lake Hospital's Campus starting on Thursday, October 7, 2010 from 7:00 p.m. to 9:00 p.m. at the National Training Center. The program will be presented by the NAMI Association, which was established to improve the lives of individuals and families affected by mental illness.

The program is free for family members, partners and significant others of individuals with major depression, bipolar disorder (manic depression), schizophrenia and schizoaffective disorders, borderline personality disorders, panic disorders and obsessive compulsive disorders, co-occurring brain disorders and addictive disorders.

This 12-week program is structured to help caregivers understand and support individuals with serious mental illness while maintaining their own well-being. The course is taught by a team of trained NAMI family member volunteers who know what it's like to have a loved one struggling with one of these brain disorders. Over 150,000 people in the U.S., Canada, and Mexico have completed this course.

For more information and to register for the program, please call 800.482.6847. Additional information about NAMI can be found at www.nami.org.

South Lake Hospital is a not-for-profit acute care community hospital, in partnership with Orlando Health. South Lake Hospital has been providing quality healthcare services to the South Lake County for over 60 years. For additional information about South Lake Hospital visit www.southlakehospital.com.

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