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Treatment of Rotator Cuff Tears will be the topic for
South Lake Hospital's April Health & Wellness Series

Clermont, Fla. – Treatment of Rotator Cuff Tears will be the topic for South Lake Hospital's April Health & Wellness Series on Thursday, April 7, 2011 from 6:00 p.m. to 7:00 p.m. at the National Training Center. The program will be presented by David Brcka, M.D., Orthopedic Surgeon.

Injuries and tears to the rotator cuff are common and symptoms can include pain and tenderness in your shoulder, shoulder weakness and loss of range of motion in the shoulder. There are many risk factors for rotator cuff injuries and tears including age, those that are active in sports or fitness, working in construction trades with repetitive motions and those with poor posture and weak shoulder muscles. Today there are many treatments available for rotator cuff tears including less invasive surgical options. Come learn about the condition and what options are available.

The event is open to the public at no cost. For more information and to register, please call 352.394.4071, extension 4412. The National Training Center, part of South Lake Hospital, is located at 1935 Don Wickham Drive, in Clermont on the hospital campus.

South Lake Hospital is a not-for-profit acute care community hospital, in partnership with Orlando Health. South Lake Hospital has been providing quality healthcare services to the South Lake County for over 60 years. For additional information about South Lake Hospital visit www.southlakehospital.com.

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