



*Angeles Otero, M.D.  
Board Certified  
Pediatrician*

## Common Illnesses in Children and Pediatric Vaccinations

**July 12, 6:00 pm -7:00 pm**

Over the course of their lives, children receive vaccines for up to 15 different illnesses. This discussion will review the purpose for each of these vaccines and the different illnesses they help to prevent. The second part of the discussion will focus on the most common infections in school-aged children such as strep, 5th disease, roseola, MRSA. What are the signs and symptoms, how they are transmitted and what if any are the current treatment recommendations? To register call 352.394.4071, ext. 4412. Free and open to the public.



*Santiago Martinez, M.D.  
Board Certified  
Allergist*

## Food Allergies

**August 10, 6:00 pm - 7:00 pm**

Food allergies are abnormal responses of the body's immune system to certain foods or ingredients. They can manifest themselves as rashes, swelling of the skin, nasal congestion, nausea, diarrhea or anaphylactic shock. About 1-2% of adults and 6-8% of children less than 3 years of age have food allergies. To treat food allergies we must avoid the offending food. Come learn more about the diagnosis and treatment of food allergies. To register call 352.394.4071, ext. 4412. Free and open to the public.



*Kenneth Essig, M.D.  
Board Certified  
Urologist*

## Men's Health Event: Prostate Screening\*

**September 11, 9:00 am**

Dr. Kenneth Essig will give a brief education presentation. The screening will include a digital exam (DRE) and a prostate specific antigen blood test (PSA). \* The American Urological Association encourages all men who are in good health to have an annual prostate cancer screening starting at the age of 50, or at the age 40 if they're in high risk groups. Please consult your physician. Screening fee is \$10.00. Pre-registration is required, please call 352.241.7109 to register.



Unless otherwise noted, all classes are held at the  
**National Training Center (NTC)**  
1935 Don Wickham Drive  
[www.southlakehospital.com](http://www.southlakehospital.com)