



1099 Citrus Tower Blvd.
Clermont, FL 34711
352.394.4071
southlakehospital.com

FOR IMMEDIATE RELEASE
2/19/2010

Contact: Jennifer Helriggle,
352.394.4071, ext. 7122
jennifer.helriggle@orlandohealth.com

Cholesterol & Blood Pressure will be the topic for
South Lake Hospital's March Health & Wellness Series

Clermont, Fla. –Cholesterol & Blood Pressure will be the topic for South Lake Hospital's March Health & Wellness Series on Thursday, March 4, 2010, from 6:00 p.m. to 7:00 p.m. at the National Training Center. The program will be presented by Clay Nordquist, MD, board-certified family-practice physician.

Two of the most important factors affecting heart health are also two of the most easily overlooked, since we often don't feel ill when our cholesterol and/or blood pressure is elevated. Come learn strategies for keeping tabs on these two important factors of cardiovascular health. Dr. Nordquist will give a presentation and will follow with a question and answer session.

The event is open to the public at no cost. For more information and to register, please call 352.394.4071, extension 4412. The National Training Center, part of South Lake Hospital, is located at 1109 Citrus Tower Blvd. in Clermont on the hospital campus.

South Lake Hospital is a not-for-profit acute care community hospital, in partnership with Orlando Health. South Lake Hospital has been providing quality healthcare services to the South Lake County for over 60 years. For additional information about South Lake Hospital visit www.southlakehospital.com.

#

