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**FOR IMMEDIATE RELEASE**  
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**Safe Sitter® Course to be held at South Lake Hospital**

**Clermont, Fla.** – South Lake Hospital will host a Safe Sitter® course Thursday, April 8 through Friday, April 9, 2010, at the National Training Center.

The Safe Sitter® course is a highly structured babysitting preparation course designed for youth ages 11 through 13. The two day course is held from 9:00 a.m. to 4:00 p.m. and covers babysitting basics, child care essentials, and safety for the sitter, injury management, preventing problem behaviors, care of a choking infant and child and the basics of infant and child CPR.

The course includes hands on practice with CPR manikins, small group interactive learning, role-playing and a toddler or preschool guest. Program participants emerge as more confident, responsible and compassionate teens.

The cost for the program is \$50. Pre-registration is required and space is limited. Please call 352.394.4071, ext. 4419 for more information and to register.

South Lake Hospital is a not-for-profit acute care community hospital, in partnership with Orlando Health. South Lake Hospital has been providing quality healthcare services to the South Lake County for over 60 years. For additional information about South Lake Hospital visit [www.southlakehospital.com](http://www.southlakehospital.com).

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