

# CALENDAR OF EVENTS

**ORLANDO  
HEALTH®**  
South Lake Hospital

APRIL MAY JUNE 2018

## COMMUNITY EDUCATION

To register for educational programs and for more information, please call **352.241.7109**. For full class descriptions and costs, please visit **SouthLakeHospital.com** and click on **Community Education**.

Unless otherwise noted, all classes are held at the **National Training Center**, 1935 Don Wickham Drive in Clermont. Visit **SouthLakeHospital.com**.

### EDUCATIONAL PROGRAMS

#### AARP DRIVER SAFETY COURSE

- May 14 and 17, 6 pm – 9 pm
- Please call 352.394.0250 to register.

#### BLS FULL PROVIDER (CPR)

- April 11, 6 pm – 10 pm
- May 9, 6 pm – 10 pm
- June 13, 6 pm – 10 pm

Cost: \$40

Book Cost: \$15

#### BREASTFEEDING SUPPORT LINE

352.394.4071, ext. 4380

#### CHILDBIRTH EDUCATION CLASS

Sky Top Conference Room

- April 21, 9 am – 3 pm
- May 5, 9 am – 3 pm
- June 16, 9 am – 3 pm

Cost: \$50

#### JOINT REPLACEMENT

Sky Top Conference Room. Please call 352.394.4071, ext. 8135 to register.

TUESDAYS AND SATURDAYS, 10 am – 12 pm

- April 3, 14, 17 and 28
- May 1, 12, 15 and 26
- June 5, 9, 19 and 23

THURSDAYS, 4:30 pm – 6:30 pm

- April 5
- May 10
- June 14

#### NEWBORN CARE CLASS

Sky Top Conference Room

- April 17, 6:30 pm – 8:30 pm
- May 22, 6:30 pm – 8:30 pm
- June 19, 6:30 pm – 8:30 pm

Cost: \$20

#### SMOKING CESSATION

6:30 pm – 8:30 pm

- Monday Evenings

Please call 352.241.7109 to register.

### SUPPORT GROUPS

#### BREAST CANCER SUPPORT GROUP

- April 12, 7 pm – 9 pm
- May 10, 7 pm – 9 pm
- June 14, 7 pm – 9 pm

For more information call 352.429.9343

#### MOM'S MORNING OUT

Center for Women's Health, 2nd Floor

Wednesdays, 10 am – 11:30 am

For moms with newborns to 4-month-olds

Cost: \$5 per visit

#### MULTIPLE SCLEROSIS SUPPORT GROUP

- April 18, 10 am – 12 pm
- May 16, 10 am – 12 pm
- June 20, 10 am – 12 pm

#### STROKE SUPPORT GROUP

- April 11, 12:30 pm – 2:30 pm
- May 9, 12:30 pm – 2:30 pm
- June 13, 12:30 pm – 2:30 pm



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South Lake Hospital

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At Orlando Health South Lake Hospital, we take pride in delivering quality healthcare to the communities of Lake County. Our 160-acre campus offers everything from an accredited Chest Pain Center and Center for Women's Health to orthopedics, sports training, rehabilitation and more. When it comes to offering the best possible care for you and your family, we've got you covered.

